



8D Nepal Experience + Lumbini 8DKTMNEL

Highlights: 3 Nights Kathmandu, 1 Night Dhulikhel, 2 Nights Pokhara, 1 Night Lumbini

DAY 01: SINGAPORE – KATHMANDU L / D

Arrival in international airport meet by our representative, Welcome garland, welcome drinks, check in hotel, rest for a while, lunch, after lunch visit **Boudhanath**: - It is the world's biggest Stupa located about 2 kilometers to the north of Pashupatinath temple. The Colossal Stupa is known by the name of Boudhanath, the god of wisdom. It is difficult to assign a period to it, as some believe that it was built during the reign of either Shiva Dev or Anshu Verma in the 7th Century AD. Boudhanath attracts the Buddhist pilgrims from all over the world, **Pashupatinath** It is one of the holiest Hindu shrines in the world. The temple is dedicated to lord Shiva and is built in the familiar Pagoda Style. Chronicies indicate the temple's existence prior to 400 AD. This holy place is picturesque collection of temples and shrines. All the dying persons are brought to Pashupatinath for the cremation. Only the Hindus are allowed to go inside the temple, dinner, transfer to hotel, overnight in Kathmandu.

DAY 02: KATHMANDU – LUMBINI 290 KM 7 HRS DRIVE B / L / D

Breakfast drive to Lumbini, check in hotel, lunch after lunch sightseeing to Ashoka Pillar, Maya Devi Temple, Shanti Dip, dinner, overnight in Chitwan

DAY 03: LUMBINI– POKHARA B / L / D

Breakfast drive to Pokhara, a scenic town, check in hotel lunch, sightseeing to David's fall, evening one hour boating on Fewa Lake visit Taal Barahi, dinner and overnight in Pokhara

DAY 04: POKHARA B / L / D

Early morning see a sunrise view and back to hotel for breakfast after breakfast sightseeing Bindabasini Temple, Tibetan Village, Gupteshwor cave lunch after lunch, evening free for shopping around lake side, dinner and Overnight in Pokhara

DAY 05: POKHARA – KATHMANDU - DHULIKHEL 242 KM 6 HRS DRIVE B / L / D

Breakfast, drive to Kathmandu, lunch after lunch continue drive to Dhulikhel. check in hotel, Visit Traditional Newari Village, dinner, overnight in Dhulikhel.

DAY 06: DHULIKHEL – KATHMANDU 32 km 45MIN DRIVE B / L / D

Early morning, see a sunrise view, breakfast, drive to Kathmandu visit **Bhaktapur Durbar Square**: – The Durbar Square (the palace complex) in the central part of Bhaktapur depicts the art and architecture of the Malla rule. The Palace of Fifty - five windows stand in the square was the home to many kings of Bhaktapur. Among other monuments around the Durbar Square are worth visiting, lunch, visit **Patan Durbar Square**: - It is an enchanting mélange of palace buildings, artistic courtyards and graceful pagoda temples. This Square was the former Royal Palace Complex which was the center of Patan's religious and social life, and houses a museum containing an array of bronze status and religious monuments. One remarkable monument here is 17th Century temple dedicated to the Hindu god Krishna, built entirely of stone.

DAY 07: KATHMANDU B / L / D

Breakfast visit Swoyambhunath Stupa: - The Swoyambhunath Stupa crowns a hillock to the west of Kathmandu. A massive white dome surrounded by a 13 stage spire, the Stupa is one of the most sacred Buddhist sites in Nepal. It is said to be 2000 years old. Its origin is linked to the founding of the Kathmandu Valley, draining the water out of the lake by bodhisattva Manjushree. Swoyambhunath Manifested in the lake as a brilliant light emanating from a lotus and Manjushree let the water out by slashing a passage through the surrounding hills to facilitate paying homepage to Swoyambhu, thus making the valley inhabitable, lunch visit **Kathmandu Durbar Square**: - It is an overwhelming frenzy of art and architecture. The medieval palace complex is erected in different styles at the right hand side of the Kumari temple. The house of Kumari (living goddess), the ferocious Kal Bhairab, the red monkey god and hundreds of erotic carvings are a few examples of the sights at the square! All wood carvings, statues and architecture in this area are exceptionally fine, free for shopping in Thamel area, evening farewell.

DAY 08: KATHMANDU – SINGAPORE B

Breakfast, transfer to airport for the pleasant flight back Singapore..

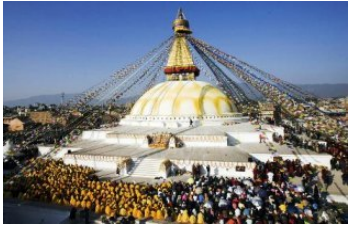
Remarks:

Sequences and timings in itinerary are subject to change without prior notice.

In case of any discrepancy between the English and Chinese itineraries, the Chinese version is deemed correct.



8天尼泊尔之旅 + 蓝毗尼之旅 8DKTMNEL



第一天：新加坡—加德满都（午晚餐）

齐集樟宜国际机场，搭乘国际航班飞往尼泊尔首都—加德满都。午餐后参观加都河谷最大的**博达哈大佛塔 Boudhanath**，联合国人类文化遗产，亚洲乃至世界最大的覆钵半圆形佛塔。巨大的神眼俯视加都河谷，8层八角形平台衬托出磅礴宏大的气势。**帕斯帕提那神庙 Pashupatinath**，作为世界上最神圣的印度教圣地之一，主体建筑是一个四边对称，双重檐斜坡大屋顶的尼泊尔式塔庙。周围环绕的许多小寺与主体建筑行成“众星拱月”之势。装饰精美的木雕浮图，使整个建筑典雅华丽。

第二天：加德满都—蓝毗尼（早午晚餐）

早餐后乘车前往佛祖诞生地**蓝毗尼 (Lumbini)**，海拔：100米，行车约7小时抵达。蓝毗尼是佛教徒心中的终极圣地，是佛祖释迦牟尼四大佛迹之一（其他三地均位于印度），参佛朝圣必到蓝毗尼。在此参观**蓝毗尼园**：莫耶夫人祠、古菩提树、佛祖修行台、阿育王石柱和普卡尔尼圣池以及**蓝毗尼园周边**的中华寺及**各国捐建的宏伟庙宇**。在蓝毗尼园里做一次佛家冥想吧，体会内心的平静！

第三天：蓝毗尼—博卡拉（早午晚餐）

早餐后，**蓝毗尼**~这个迎接佛陀来临世间的宁静乡野，是佛学弟子感念佛恩、关注顶礼的朝圣吉祥之地。今天我们将前往尼泊尔最为盛名的风景地—博卡拉。处于喜马拉雅山谷地，依偎在终年积雪的安娜普纳山峰和鱼尾峰下，傍着迷人的佩瓦湖，苍翠繁茂的植被和壮丽的雪山风光形成强烈对比，成为尼泊尔最受欢迎的旅游地点之一。入住酒店后，今天我们有幸观赏雪山倒影。乘船在费瓦湖，当湖面平静之际，湖光山色极为醉人，雪山在湖面上的倒影又会勾起游人的多少遐想。

第四天：博卡拉（早午晚餐）

博卡拉（海拔827米）以风景秀丽，气候宜人而举世闻名，被称为徒步、漂流的天堂。为尼泊尔最盛名的风景地，位于尼泊尔喜马拉雅山南坡山麓博卡拉河谷上的城市，基本地形为低山丘陵，河谷宽阔平坦。博卡拉四面环山，安娜普纳山脉终年积雪，美丽的鱼尾峰倒映在佩瓦湖里，秀丽奇特，使人感到平静安逸。游览**Vindhebasini 神庙**，**Davis 瀑布**和还有藏族市场。去感受平静安逸的尼泊尔天堂。

第五天：博卡拉—加德满都—登利科 DHULIKHEL（早午晚餐）

早餐后返回加德满都，前往加都旁边的村庄登利科**DHULIKHEL**。这里以壮美的喜马拉雅雪山日出、日落而闻名，是著名的喜马拉雅观景台。抵达后入住酒店，您可自由欣赏美丽的风景，感受著名的喜马拉雅落日，或畅游在尼泊尔人的村庄。

第六天：登利科 DHULIKHEL—加德满都

勤快点，起个大早吧，这里的雪山日出可是不能错过的。早餐后返回加德满都。游览加德满都河谷另一座古城巴德岗（**Bhaktapur**），游览巴德岗杜巴广场（**Bhaktapur Durbar Square**）：55窗宫（**The Palace of 55 windows**）、**巴特萨拉女神庙 (Batsala Devi)**、**尼亚塔波拉塔 (Nyatapola Temple)**等，这里可自由选购著名的巴德岗木雕工艺品和陶制品，**帕坦 Patan**，这里建立于西元299年，当年的国王将它命名为**Lalitpur**（美丽的都市）。这里更是尼泊尔佛教的中心，有156座大小佛寺、及55座尼瓦製多重屋顶式庙宇，步行其中让人有时空错乱之感。您还有机会参观当地特色的藏式地毯。

第七天：加德满都（早午晚餐）

游览**杜巴广场 Durbar Square**。这里是加德满都最有名的广场，囊括了尼泊尔十六世纪至十九世纪之间的古迹建筑，广场上总共有五十座以上的寺庙和宫殿。杜巴广场上的寺庙外观看来都十分类似，主要有**库玛莉寺**、**纳拉扬神庙**、**湿婆神庙**、**湿婆—巴瓦娣庙屋**、**普拉塔布马拉国王雕像**、**哈努曼猴神宫**、**库里须那寺**等。位于杜巴广场入口左侧的**女活佛库玛莉寺 (Kumari Bahal)**很值得一去，木窗上雕刻有许多神像和孔雀图案。参观**瓦扬布拿佛塔 Swayambeunath Temple**，俗称猴神庙。据说是释迦牟尼所建，已有二千多年历史，是最古老的寺院。由山脚而上。沿途可见成群的猴子向游人索食，在此可目睹加德满都的繁忙市景。

第八天：加德满都—新加坡（早餐）

早餐后指定时间集合酒店前往机场，搭乘航班返回新加坡温暖的家。

最后：希望您能够满意 **REN REN TRAVEL** 为您安排的旅行线路，并衷心祝福您度过一个美好的旅行假期！

（最终确认行程以当地旅行社确认及航班时间为准）